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**The all-inclusive Formula at Tamra Beach Resort.**

Food

* Food items are *all inclusive* during the hours mentioned below:

Main Restaurant Pool Bar& Beach Bar

Breakfast 07.00-10.00 Late breakfast: 10:00 – 10:30

Lunch 12.30 -14::30 Pizza: 11:00 -12.00

Dinner 19.00-21.00 Sandwich: 12.00 – 16:00

Beverages

* Main Pool Bar serving the all-inclusive beverages from 08:00 am till 23:00.
* Club house bar start from 23:00 till 00:00.
* 2000 bar, Beach Bar opening hours from 10:00 till 16:00.
* Beach Bar opening hours from 08:00 till Sunset.

*All Inclusive* and free of charge: (All drinks served by glass)

* Soft drinks (Hot and cold drinks)
* Local alcoholic (Beer, Spirits) local wine during lunch and dinner in main restaurant.
* Cocktails prepared with local alcohol

Not *all inclusive* (chargeable)

* Premium local alcohol & champagne
* Fresh fruit juice
* Beverages in bottles or cans
* Mini bar consumption

Sports and activities

*All inclusive:*

* Sport activities by the animation team (water gymnastics, water polo, Volleyball, etc.)
* Gym is available from 10:00 till 20:00.

Not *all inclusive* (chargeable)

* Snorkeling and diving
* Spa

Other services

*All inclusive:*

* Free Wi-Fi internet at lobby and in public areas.

Not *all inclusive* (chargeable)

* Laundry service
* Medical services (the doctor is available 24h 7 days a week. Please contact Reception for more information
* Transfer (Limousine service)

Remarks:

* We kindly ask you to respect our dress codes in the restaurant, no swim wear and no sport shorts during dinner (Smart Casual)
* We would like to inform you that it is not allowed to reserve the sun beds at the pool or beach before 10.00am

**For your own safety:**

* Life vest’s available at the diving center against charge
* It is Forbidden to swim in the sea and the pools after the sunset
* Please note that some deadly shells and fish are found at our swim - sides please refrain from touching or collecting any natural resource, living or dead (corals, shells, reef-fish, etc.)
* Keep a distance of a minimum of 1 m between you and reef or the bottom
* Sitting or walking on the corals is not allowed
* Fish feeding is not allowed

Enjoy your stay with us.

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