

# SEA SENSE RESORT SEA SENSE SPA MENU







#### **HEAD MASSAGE**

30 Min - 350,000vnd

Tightening, rubbing and pressing movements on head, nap of the neck and shoulder help balancing the energy, relieving headache, and shoulder pain.

# **BACK & NECK MASSAGE**

30 Min - 350.000vnd 60 Min - 650.000vnd

To relieve – Severe stressful the muscles and connective tissues on your lower back & shoulders. Besides it focuses on the muscles located below the surface of the top muscles.



### FOOT REFLEXOGOLY

30 Min - 350.000vnd 60 Min - 600.000vnd

Foot reflexology is an effective way to relieve and restore natural balance and well – being of the body.... Specific points on the feet sole and tips of the toes will be pressed with an wood stick.



# AROMA THERAPY MASSAGE

60 Min - 650.000vnd 90 Min - 950.000vnd



Aromatherapy is the practice of using the natural oils extracted from flowers, bark, stems, leaves, roots or other parts of a plant to enhance psychological and physical well-being. with slow rhythmic long massage, using palm and thumbs to squeeze, twist, and massage. Very effective to reduce stress, aches, pains and to improve blood circulation.

# HERBAL MASSAGE FOR HEALING & REJUVENATION



60 Min - 800.000vnd 90 Min - 1.200.000vnd

Using Vietnamese traditional herbs such as tumeric, ginger, mugwort, galangal... to exfoliate whole body or ease muscle tension. Heated herbal will be used along with normal massage actions to increase the hesssaling result.

#### THAI MASSAGE

60 Min - 750.000vnd 90 Min - 1.150.000vnd



Likes passive Yoga, Thai massage move your limbs around to stretch joints and gently massage key areas of the body according to traditional Thai medicinal theory. Thai massage combines compression, acupressure and passive stretching. These increase the range of motion in your joints and muscles. This can also improve your posture

#### **BODY MASSAGE WITH HOT STONE**



60 Min - 850.000vnd 90 Min - 1.200.000vnd

Smooth, flat, heated basalt stones are positioned along the spine, or put in the palms, rolled along your legs, and inserted between the toes. Hot stone therapy massage eases tension of soft muscles or damaged tissues through your body. It makes you relaxing, and comfortable.



# NATURAL FACIAL REJUVENATION

60 Min - 850.000vnd

Facial massage with acupressure is extremely effective in anti facial aging and anti facial wrinkles. Facial skin is truthly sensitive, so all caring and cosmetic products for facial skin must be organic and natural.

# SUN BURN TREATMENT



60 Min - 850.000vnd

Use mixture of Aloe Vera, fresh cucumber, mango, fresh milk and essential oil to ease the body skin from sunburn pain. Facial care with Aloe Vera, honey, milky oatmeal, is also added at the same time.

# **BODY SCRUB & WRAP**

Scrub with green tea and salt to clean and soften the skin

60 Min - 850.000vnd

> SPA PACKAGE
(BODY SCRUB, BODY MASSAGE, NATURAL FACIAL REJUVENATION)
> QUEEN PACKAGE

180 MIN - 2.200.000vnd

(BODY MASSAGE+ NATURAL FACIAL REJUVENATION

120 MIN - 1.400.000vnd

#### **NAILS**

MANICURE or PEDICURE POLISH FOOT CARE 30 MIN - 300.000vnd 200.000vnd

50 MIN - 500.000vnd

#### **NOTICE**

Spa service opens from 10:00 AM – 18:00 PM. Spa reservation should be made via our FO at least one hour in advance. Dial FO at 100/1001 or hotline +84 907072998.